

**Visual story for Sleeping Beauty at
His Majesty's Theatre on
Thursday 21 December at 1PM**



**The show will last for 2 hours 10 minutes
including a 20 minute interval.**



Notes on relaxed performance

These notes have been provided to make your visit as enjoyable as possible. If you have any further queries, please do not hesitate to contact our box office or customer service team who will be happy to help.

Relaxed performances are specifically designed to welcome people with an Autistic Spectrum condition, learning disability or sensory and communication disorders into theatres to give those, who otherwise may feel excluded, the chance to experience live theatre. They have a less formal, more supportive atmosphere in order to reduce anxiety levels.

There is a relaxed attitude to noise, movement and small changes to the lighting and sound levels in the show.

The performance will start at 1pm, the auditorium will be open 45 minutes before the start of the performance. The first half of the show is 55 minutes long, with a 20 minute interval, the second half of the show is 55 minutes long.

The performance will also be audio described and signed by a BSL signer.

Signed Language Interpretation

These are performances that are sign interpreted for the profoundly deaf by professional signers using British Sign Language, Lesley Crerar.

Audio Description

Audio Description is a service for the visually impaired or blind where a description of the set and costumes is combined with a commentary on the action to bring the show to life. His Majesty's Theatre uses Aberdeen Audio Describers Association. An infrared headset is required to make use of this service, these are provided by our Front of House team and can be requested on the day.



Additional Information

Customers will be free to walk around the auditorium throughout the show and are welcome to use the standing boxes at the sides of the auditorium if sitting becomes a problem.

The auditorium doors at the back of the stalls will remain open and there will be staff on hand in this area to guide you to a quiet area (Stalls Bar) should this be needed.

The lights will dim throughout the performance; however, this will be a gradual dimming to prevent any sudden darkness. There are moving lights throughout the show, however, there are no strobes.

There will be live music throughout the show. The orchestra are in the orchestra pit and cannot be seen easily. The show is quite noisy and although the sound has been reduced there may still be a few bangs or crashes. Please be aware that due to the nature of the performance there may be loud noises that come from other customers.

We have provided a visual story that may be used to help prepare young children or those who are not sure what to expect at a live performance. Our staff are on hand throughout to assist, if there is anything they can do to help please let them know.

Customers seeking wheelchair access can enter through the New Foyer on Rosemount Viaduct and Donald's Way, where there is a doorbell to ring, access via Donald Way will be available from 12.15pm. We have a limited number of seats that are suitable to be removed to allow a wheelchair to sit in space, please contact the box office on 01224 641122 if you need one of these spaces. If you have any other access queries please don't hesitate to get in touch with our box office team who will be able to advise.

We are still new to relaxed performances and we may not get everything right. We are committed to providing these performances in the future and we would welcome any feedback which we can use to continually improve the services on offer.



Sleeping Beauty is a pantomime being held at His Majesty's Theatre





**There are two ways to enter the building, either by the glass entrance
(New Foyer)**



**Or through the central doors
(Old Foyer)**



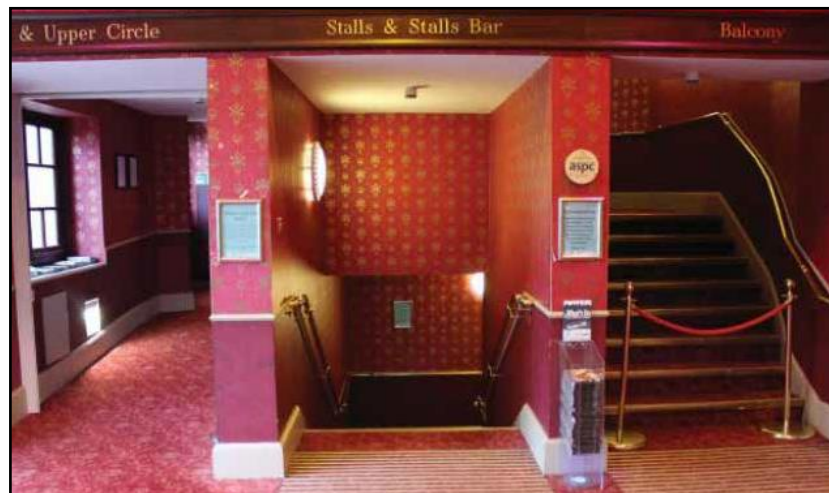


You will need to show your tickets or e-tickets on your phone to an usher to get into the theatre. An usher is someone who works for the theatre and will be wearing a black shirt with our blue logo and a name badge. When the usher scans your ticket there will be a short beep and red light. This is nothing to worry about.





You will then make your way to your seats, you may have to walk down some stairs if you are sitting in the stalls or upstairs if you are sitting in the upper circle. There are lifts available on this level, please ask a member of the team to point out where the lifts are located.



You may wish to buy a snack or a drink to take into the auditorium; these can be bought from our bars on the way to your seats. There is also a panto shop next to the box office in the new foyer where you can buy programmes and light up merchandise.





The inside of the theatre, where all the seats are, is called the auditorium, it is very big and has lots of seats.



When you reach the auditorium, an usher will look at your tickets and tell you where your seats are. The numbers on your ticket tell you where you have to sit. It is not a choice.





When you get to your seats, you can sit down and relax. There will be lots of people sitting near you and it may be quite noisy.





We also have a signer onstage, she will be using her hands to tell the story using BSL (British Sign Language) for people who are hard of hearing.



You will have lots of fun during the performance, there will be singing, dancing and lots to look at. Sometimes it may be loud but don't worry, nothing can hurt you. If the sounds are too loud, you can put your hands over your ears or wear headphones (if you brought some with you)





When it is time for the show to start, the lights will get a little bit darker and the music will start. The music will be quite loud and you will need to be as quiet as you can during the show so that you can hear everything.

Seeing a show is like watching television or a film, but the people in a show are on a stage and they are called actors.



There are lots of different characters in the show.



This is Gary: Tank Commander. He is very funny! When he comes on to the stage he will shout “Hiya Troops” and he will ask the audiences, including you, to reply “Hiya Gary”. He does lots of silly things in the show and it is OK to laugh at him. He has been brought up to believe that Aurora is his sister.





This is Nurse Nellie – she is the panto Dame. She is Gary: Tank Commander’s mammy and looks after Aurora in her castle. She says lots of funny things and wears really funny costumes – you are allowed to laugh at her costumes when she comes on the stage.





This is the Spirit of Pantomime and she is there to save the day and to make sure that true love wins over evil. She is a feisty sprite (a very brave character) and is not frightened of the wicked Carabosse. She speaks in a doric accent so the way she speaks might sound a bit different.





This is Carabosse, she is the Queen's evil sorceress of a sister. She wants to make sure that nobody will prevent her from becoming the Queen of Aberdonia. Carabosse puts a spell on Aurora and puts her to sleep. When she comes on the stage you can boo and hiss at her because she is the baddie, lots of people in the audience will do this. You shouldn't be scared of Carabosse, she is a character played by an actress, who is nice in real life.





This is Slimeball, he is Carabosse's son. He has been brought up by Carabosse to be wicked and evil but he is nice really. He is funny too and you are allowed to laugh at him. He uses a phrase "Whit ma like", this is what he says when he does or says something silly!





This is Princess Aurora and Prince Angus of Alford. When Princess Aurora was born she became the next in line to the throne on her 21st birthday but Carabosse wants to make sure that doesn't happen, so the Queen sends her away to live secretly and has asked Nurse Nellie to look after her and make sure no one knows who she really is until her 21st birthday.



Prince Angus is trying to find Princess Aurora. He doesn't realise when he meets Aurora in the castle for the first time that she is actually the Princess and falls in love with her. When the Princess is put under a spell by Carabosse he is the only one who can break the spell with the kiss of true love.



During the performance, some people may clap. Clapping is nice as it lets the actors know you liked their song. If you want to clap, you can.

You don't have to clap if you don't want to.



There is a break in the middle of the show, this is called the interval. During the interval you can use the toilet or have a drink or a snack.



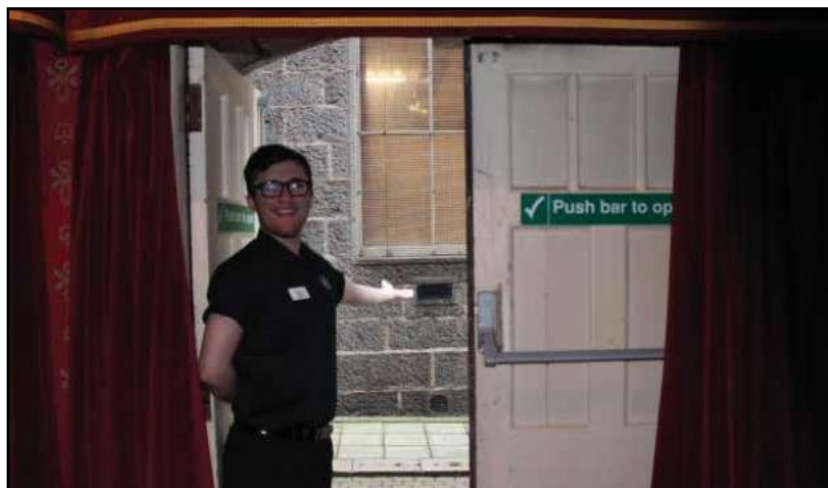


After the interval, everyone will come back into the auditorium and sit in their seats. It will get darker and quieter, like at the beginning of the show. The actors will come back on stage and finish telling the story



At the end of the show, all of the actors will come back on the stage to take their bows. Many people will clap a lot so the actors know how much they liked the show. The lights will come back on, this will mean that the show is over and that you will leave the theatre.

You might not leave the same way you came in to the theatre





**We hope you have a lovely
time at the pantomime!**